

## Yes/No/Maybe for Beginners

**Instructions:**

1. Print a copy of this list for each partner, or have each person open the list on a separate device.
2. On your own, check whether you're interested, maybe interested, or not interested in trying each idea with a partner.
3. Once everyone is finished, compare lists. Respect any "no's". Focus on mutual or compatible "yes" answers to begin exploring.

	Yes	Maybe	No
<b>Give an Erotic Massage</b> <i>Sensually touch every desired inch of a partner's body.</i>			
<b>Receive an Erotic Massage</b> <i>Relax and enjoy a partner's hands exploring your body.</i>			
<b>Give Oral Sex</b> <i>Use your mouth to sexually stimulate a partner.</i>			
<b>Receive Oral Sex</b> <i>A partner uses their mouth to sexually stimulate you.</i>			
<b>69</b> <i>Partners give and receive oral sex simultaneously.</i>			
<b>Mutual Masturbation</b> <i>Partners watch each other sexually stimulate themselves.</i>			
<b>Give Sex Toy Stimulation</b> <i>You use a sex toy, such as a vibrator or stroker, on a partner.</i>			
<b>Receive Sex Toy Stimulation</b> <i>A partner uses a sex toy, such as a vibrator or stroker, on you.</i>			
<b>Give Temperature Play</b> <i>Use ice and/or warm water to touch or orally stimulate a partner.</i>			
<b>Receive Temperature Play</b> <i>A partner uses ice and/or warm water to touch or orally stimulate you.</i>			
<b>Send Sexts or Dirty Emails</b> <i>Send sexual texts, images, or emails throughout the day.</i>			
<b>Receive Sexts or Dirty Emails</b> <i>Receive sexual texts, images, or emails throughout the day.</i>			
<b>Watch Porn Together</b> <i>Watch porn as part of foreplay or sex, perhaps using it as inspiration.</i>			
<b>Give Public Displays of Affection</b> <i>Touch, hold, kiss, or otherwise express attraction to a partner in public.</i>			
<b>Receive Public Displays of Affection</b> <i>A partner touches, holds, kisses, or otherwise shows attraction to you in public.</i>			
<b>Wake a Partner Up with Sex</b> <i>Use your hands or mouth to wake a partner up with sexual stimulation.</i>			
<b>Be Awoken with Sex</b> <i>A partner uses their hands or mouth to wake you up with sexual stimulation.</i>			